

MEMBER ASSISTANCE PROGRAMS

If you or a fellow union member have a problem with substance abuse or are struggling with depression or suicidal thoughts, support is available!

Call or text the Suicide & Crisis Lifeline at 988. Help is available 24/7/365.

All calls are kept confidential.



Boilermakers Local 5
CIGNA, 800-235-7748 or mycigna.com



Ironworkers Local 40
Member Assistance Program Coordinator
Jim Dufficy (212)679-1513



Construction & General Laborers Local 79
Director - Membership Assistance Program (MAP) Chaz Rynkiewicz (646)265-5674 Chazmdd@yahoo.com

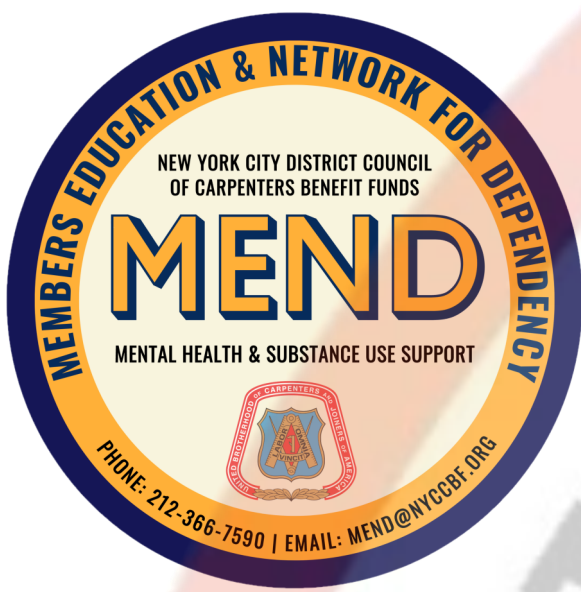


DC9
NEW YORK

Painter District Council No. 9
Workforce Assistance Program
Pat Mercora, (914)417-5355 pat@workforcemap.com



SMART Local Union 137
Member Assistant Program (877)884-6227 or
Anthony Fotiadis (718)937-9427



NYC & Vicinity District Council of Carpenters
Members Education & Network for Dependency
(212) 366-7590, mend@nycctbf.org
MEND



Metal Lathers Local 46
Local 46 Wellness Program (844)464-6292



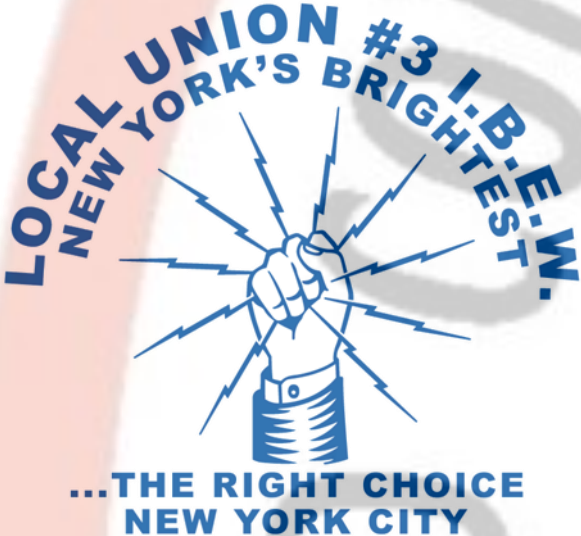
LiUNA Local 78
Aetna (833)674-2558



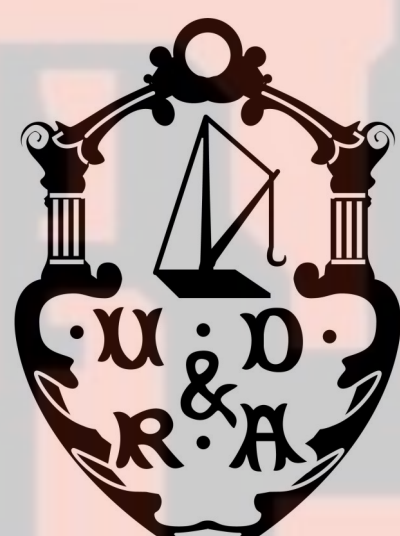
Northeast DC of Operative Plasterers' &
Cement Masons' Local 262 & Local 780
Fund Office (516)775-2280



Teamsters Local 282
Teamster Center Services Fund
(212)235-5003 / (800)433-4827



International Brotherhood of Electrical
Workers Local 3
Office of substance abuse services
(718)591-2000 ext.1396



LOCAL 197
Derrickmen & Riggers Local 197
D & H Cook Associates (718)361-6534



LiUNA Laborers Local 731
Welfare Fund Office (718)472-0820



Plumbers Local Union No. 1
The Fund Office (718)223-4313 or
Optum Employee Assistance Program (EAP)
(844)884-1852
Local 1 Peer Group, Tommy and Dominic, (718)408-5936



Teamsters Local 814
Teamster Center Services Fund
(212)235-5003 / (800)433-4827



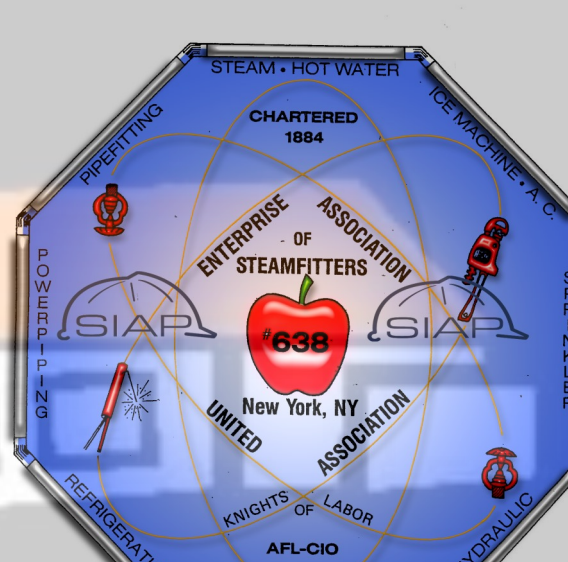
Elevator Constructors Local 1
Director of Member Assistance/Education Program
Brendan Loftus, (646)404-6774
bloftus@localoneiuec.com



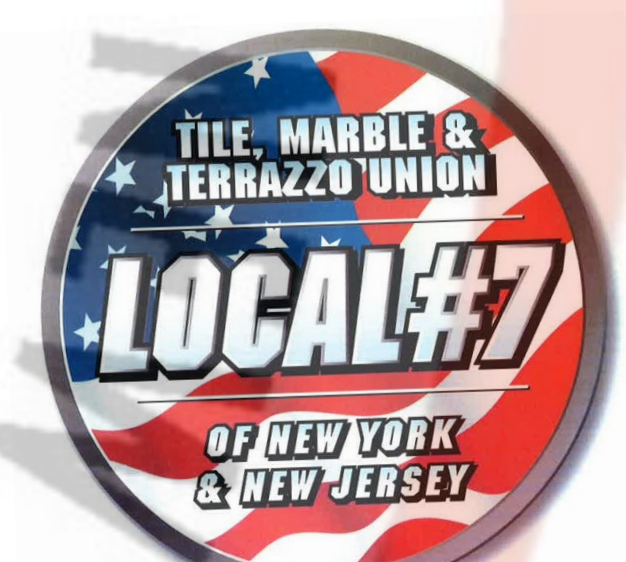
Ironworkers Local 361
Member Assistance Program Coordinator
Jim Dufficy (212)679-1513



Highway, Road & Street Construction
Laborers Local 1010
Fund Office (718)961-6962



Steamfitter Local 638
Steamfitting Industry Assistance Program (SIAP)
Director, Roger S. Ross (LAP-C, NCAC-I, SAP)
(212)563-0378, Rross@steamny.com



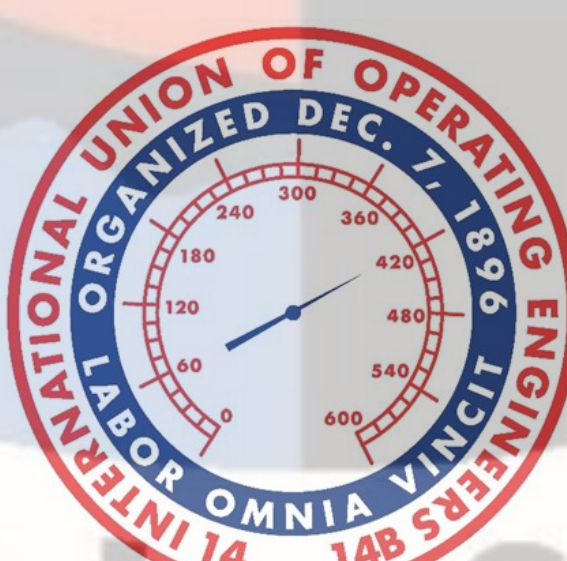
Tile, Marble & Terrazzo Local 7
Workforce Assistance Program
Pat Mercora, (914)417-5355
pat@workforcemap.com



Heat & Frost Insulators Local 12
Employee Benefit Funds
Maggie Avila, (718)784-8883 or
Christopher Cook, (917)502-0580



Ornamental Ironworkers Local 580
Member Assistance Program
Kenneth Toback, (212)732-7897



Operating Engineers Local 14, 14B
Fund Office
(718)939-1489



Roofer & Waterproofers Local 8
www.cigna.com



Bricklayer & Allied Craftworkers Local 1
BAC Members Assistance Program
Alex Jacobi (883)MAP-TALK (883) 627-8255



Heat & Frost Insulators Local 12A
Asbestos Workers
Fund Office, (718)886-7226



Concrete Workers District Council #16,
Local 6A, 18A & 20
Care Plus Solutions
Rob Baldino, (800)765-8263



Operating Engineers Local 15, A, B, C, D, G, H
Funds Office
Angel Maldonado, 212-255-7657



Sheet Metal Workers Local 28
SMART MAP Peer Counselor,
Santiago Idlet, (718)619-5201
santiago@local28funds.com



<http://nycbuildingtrades.org/MAP/>