

# MEMBER ASSISTANCE PROGRAMS

If you or a fellow union member have a problem with substance abuse or are struggling with depression or suicidal thoughts, support is available!

Contact your local's Member Assistance Program, or call or text the Suicide & Crisis Lifeline at 988. Help is available 24/7/365.

All calls are kept confidential.



Boilermakers Local 5  
CIGNA, (800)235-7748 or mycigna.com



Ironworkers Local 40  
Member Assistance Program Coordinator  
Jim Dufficy (212)679-1513



Construction & General Laborers Local 79  
Director - Membership Assistance Program (MAP)  
Eric McIntire, (917)613-3641 ericm@lhl-usa.com

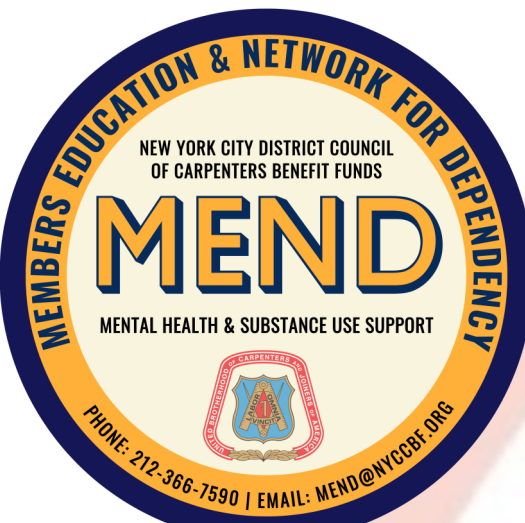


**DC9**  
NEW YORK

Painter District Council No. 9  
Workforce Assistance Program  
Pat Mercora, (914)417-5355 pat@workforcemap.com



SMART Local Union 137  
Member Assistant Program (877)884-6227 or  
Anthony Fotiadis (718)937-9427



NYC & Vicinity District Council of Carpenters  
Members Education & Network for Dependency  
(212)366-7590, mend@nycbfc.org  
MEND



Metal Lathers Local 46  
Local 46 Wellness Program (844)464-6292



LiUNA Local 78  
Director - Membership Assistance Program (MAP)  
Eric McIntire, (917)613-3641 ericm@lhl-usa.com



Northeast DC of Operative Plasterers' &  
Cement Masons' Local 262 & Local 780  
Fund Office (516)775-2280



Teamsters Local 282  
Teamster Center Services Fund  
(212)235-5003 / (800)433-4827



International Brotherhood of Electrical  
Workers Local 3  
Office of substance abuse services  
(718)591-2000 ext.1396



Derrickmen & Riggers Local 197  
D & H Cook Associates (718)361-6534



LiUNA Laborers Local 731  
Welfare Fund Office (718)472-0820



Plumbers Local Union No. 1  
The Fund Office (718)223-4313 or  
Optum Employee Assistance Program (EAP)  
(844)884-1852  
Local 1 Peer Group, Tommy and Dominic, (718)408-5936



Teamsters Local 814  
Teamster Center Services Fund  
(212)235-5003 / (800)433-4827



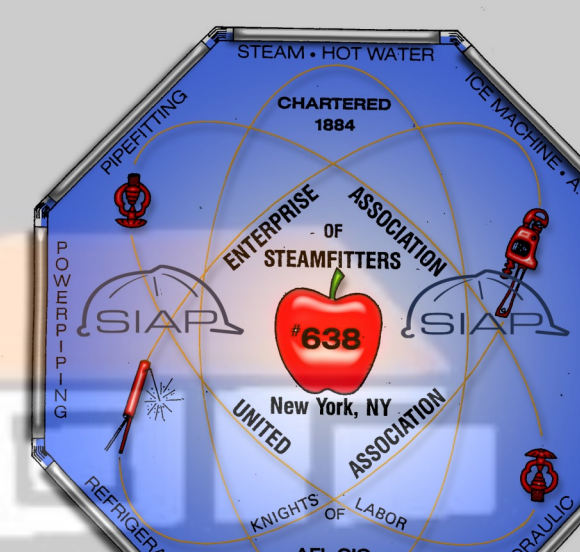
Elevator Constructors Local 1  
Director of Member Assistance/Education Program  
Brendan Loftus, (646)404-6774  
bloftus@localoneuec.com



Ironworkers Local 361  
Member Assistance Program Coordinator  
Jim Dufficy (212)679-1513



Highway, Road & Street Construction  
Laborers Local 1010  
Fund Office (718)961-6962



Steamfitter Local 638  
Steamfitting Industry Assistance Program (SIAP)  
Director, Roger S. Ross (LAP-C, NCAC-I, SAP)  
(212)563-0378, Rross@steamny.com



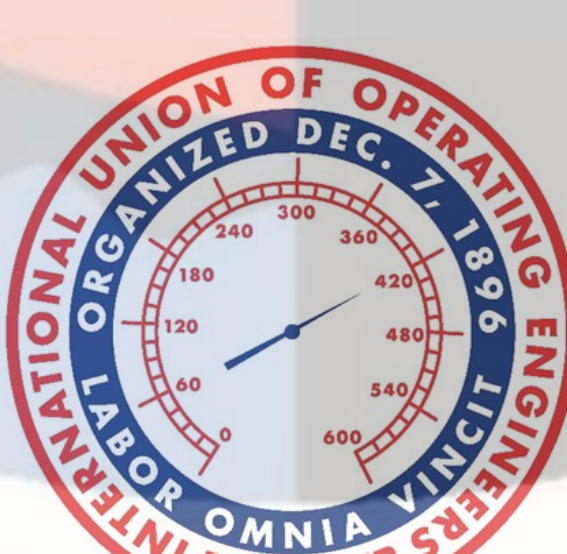
Tile, Marble & Terrazzo Local 7  
Workforce Assistance Program  
Pat Mercora, (914)417-5355  
pat@workforcemap.com



Heat & Frost Insulators Local 12  
Employee Benefit Funds  
Maggie Avila, (718)784-8883 or Christopher  
Cook (917)502-0580



Ornamental Ironworkers Local 580  
Member Assistance Program  
Kenneth Toback, (212)732-7897



Operating Engineers Local 14, 14B  
Fund Office  
(718)939-1489



Roofer & Waterproofers Local 8  
[www.cigna.com](http://www.cigna.com)



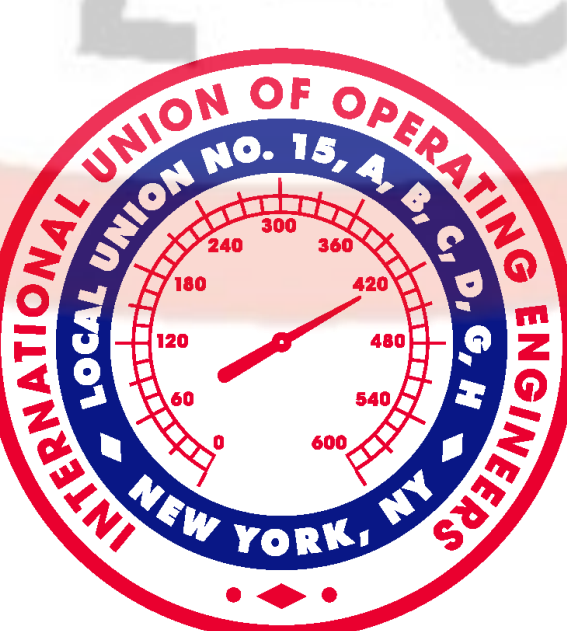
Bricklayer & Allied Craftworkers Local 1  
BAC Members Assistance Program  
Alex Jacobi (883)MAP-TALK (883)627-8255



Heat & Frost Insulators Local 12A  
Asbestos Workers  
Fund Office, (718)886-7226



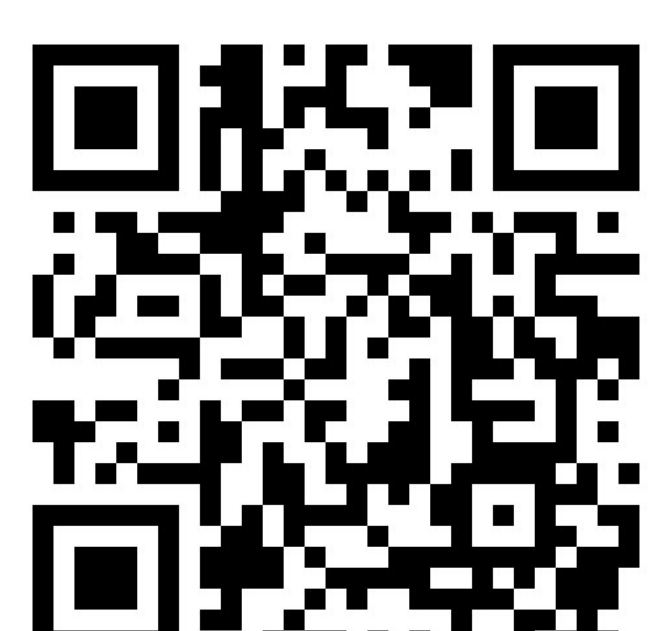
Concrete Workers District Council #16,  
Local 6A, 18A & 20  
Care Plus Solutions  
Rob Baldino, (800)765-8263



Operating Engineers Local 15, A, B, C, D, G, H  
Funds Office  
Angel Maldonado, 212-255-7657



Sheet Metal Workers Local 28  
SMART MAP Peer Counselor,  
Santiago Idlet, (718)619-5201  
santiago@local28funds.com



<http://nycbuildingtrades.org/MAP/>